

THE LEADERSHIP LEDGER



Welcome to the 125th Edition of The Leadership Ledger. It includes Post, Department and National reports, leadership training events, upcoming conferences/conventions as well as rules and regulations pertaining to local, state and national laws. The Ledger is available by visiting the Department's website at mainelegion.org under "News & Events" or on the home page. If you have any information to be published in The Leadership Ledger, please forward to Dept. HQ via email at:

legionme@mainelegion.org

DISTRICT MEETINGS

Be Connected • Be Heard • Be Informed

OCTOBER 2024

- District 1 – York:** Oct. 19
Eliot Post 188, 12PM Lunch, Mtg. @ 12:30PM
- District 2 – Cumberland:** Oct. 13
Windham Post 148, Lunch at 1PM, Mtg @ 2PM
- District 3 – Androscoggin:** Oct 21
Auburn Post 31, 6:30PM
- District 5 – Oxford:** Oct. 16
Buckfield Post 58, 7PM, Pumpkin Pie after
- District 14 – Piscataquis:** Oct. 19
Milo Post 41, 12PM lunch, 1PM Meeting
- District 15 – Washington:** Oct. 13
Pembroke Post 59, 2PM, 1PM meet and greet
- District 17 - N. Aroostook:** Oct. 13
Fort Kent Post 133, 12pm Meal, Mtg. at PM



Monday, October 14, 2024
*State Headquarters will be closed
 in observance of the holiday.
 Please plan accordingly.*

American Legion National Commander's Official Visit to The Department of Maine October 14-18, 2024

National Commander James A. LaCoursiere, Jr. of Connecticut will make his official visit to the Department of Maine October 14-18, 2024.

[CLICK HERE](#) to learn more about National Commander LaCoursiere, or visit www.legion.org

★★★ [Itinerary](#) ★★★

[CLICK HERE](#) for information about the **Tailgate Party** on Oct. 17 at Post 31, Auburn, in honor of Nat'l Comd. LaCoursiere

[See Page 14 for a Printable Copy of the Itinerary](#)

DISTRICT AWARDS

American Legion Jacket: Awarded to District Commanders who reach 100% by December 31, 2024.

American Legion Ball Cap: Awarded to District Commanders who reach 100% by March 12, 2025.

NEW **Highest District Overall Membership Percentage (1st Place - \$500 | 2nd Place - \$250):** Awarded to District Commanders who reach the highest overall membership percentage 30 days prior to National Convention (July 24, 2025).

NEW **Highest District Overall Membership Renewal Percentage (1st Place - \$500 | 2nd Place - \$250):** Awarded to District Commanders who reach the highest overall membership renewal rate 30 days prior to National Convention (July 24, 2025).

For more information [CLICK HERE](#) and find: 2024-25 Membership Goals & Awards Manual

DONATIONS

THE AMERICAN LEGION DEPARTMENT OF MAINE

Commander's Project "Mission Working Dogs"

A.L. District 3, Androscoggin.....	\$200.00
A.L. District 3, Androscoggin (Hats).....	\$50.00
Gary Blodgett, Rumford Post 24.....	\$72.00
Berwick Post 79.....	\$400.00
Oxford Post 112.....	\$100.00
SAL Westbrook Squadron 197.....	\$330.00
Various Donors (Hats).....	\$250.00

Legion Baseball

Bangor Lodge of Elks #244.....	\$2000.00
--------------------------------	-----------

THE AMERICAN LEGION DEPARTMENT OF MAINE FOUNDATION

Donald S. Peck, Post 153.....	\$25.00
-------------------------------	---------

Thank you!!!

COMMANDER'S PROJECT 2024-25

*Department Commander
Tricia Thurston asks that each
Post and Legionnaire support her goal!*



Mission Working Dogs

Their MISSION: To improve the lives of their community members who are living with a disability by providing them with properly trained service dogs to help them live more independently despite a physical disability and by providing therapy dogs which will bring mental well-being to the people of Maine such as those in nursing homes, hospitals, and schools.

Their VISION: At Mission Working Dogs, we train purpose-bred dogs to aid individuals with disabilities so that the handler can live a life to the fullest and more independently.

Their GOAL: Service dogs can assist those with physical disabilities such as mobility impairments by fetching dropped items, opening doors, and turning on and off lights. They can also help individuals with PTSD by learning to recognize an increase in anxiety, carrying medications, and providing deep pressure therapy to calm or redirect the handler. Dogs working as facility dogs are often trained to recognize a patient's affected side in the case of a stroke and to approach on the side the patient is able to pet with or throw the ball. Patients are able to work on fine motor movements in petting or caring for the dog as well as gross motor skills playing fetch with a dog that's able to bring the ball exactly to where the patient needs, such as on a side table or directly into their hand, rather than on the ground or trying to play tug with it inappropriately.

Their PLAN: Service dogs are generally trained for approximately two years and undergo a wide range of assessments on their physical health, temperament, and tasks or skills to make sure they can properly support their handler throughout life.

Donations can be made to **The American Legion Dept. of Maine, 5 Verti Drive, Winslow, ME 04901**

*Please place in the memo line of the check:
Commander's Project 2024-2025*

If you would like to donate with a Debit or Credit Card, please call 207-873-3229 or visit: www.mainelegion.org and click on the **DONATE** button.



Make sure to type
"Commander's Project"
in the Note section.



EMAIL SCAM

★ Attention Legion Members ★

Commander Thurston *is not* sending out emails requesting your time or for you to purchase gift cards! Please do not respond and do not use the email they are using. Past Commanders are still **being scammed** as well. Some people are using the emails that they've received from the scammers thinking they are actually sending out emails to these Commanders. Please check the emails when you are sending out legitimate emails trying to reach past Commanders or when sending group emails that include past Commanders.

Thank you!!!

2024 Digital Convention Yearbook Now Available Online!



**Lots of New Information Including
Hyperlinked Business Ads to Websites,
Photos, Legion Programs & More!**

Check it Out Today!

**Show Your Support to Maine Veterans & Make
Your Name Part of American Legion History**

Deadline for Submission May 9, 2025

Become a sponsor today by donating to the Maine American Legion Convention Yearbook Program and make your name part of The American Legion history! Your name will be listed in our 2025 Maine American Legion Yearbook made available in print and online in digital format by visiting www.mainelegion.org.

Donate \$100 or more and receive a Maine American Legion Convention Yearbook as well as one of our most popular centennial coins to add to your collection. To donate with Debit/Credit Card, simply scan the QR code with your phone or click the button below. If donating by check, please make payable to The American Legion, Department of Maine earmarked "Yearbook Program" and mail to: The American Legion, Department of Maine, 5 Verti Dr., Winslow, ME 04901-0727.

For more information, please visit:

www.mainelegion.org,
or call 207-873-3229 Ext. 2,
or email: rachael@mainelegion.org



SONS OF THE
AMERICAN
LEGION

**Squadron
Forms/Applications**

Print a SAL Membership Application

Squadron Officers Form

Consolidated Squadron Report - fillable

Annual Squadron Data Report - fillable

Click Here for the Latest Membership Report



BE THE ONE

TRAINING - 2024



2024 Training Date: Nov. 30th

Where: Dept. of Maine Training Room
5 Verti Drive, Winslow, ME 04901.

For more details on the **Be The One** campaign
visit: bethene.org

[American Legion Be the One Campaign](#)

To Reserve Your Spot Email: jason@mainelegion.org

Today, the #1 issue facing those who served is veteran suicide. According to the National Veteran Suicide Prevention Annual Report, 17 veterans still die by suicide each day, or more than 6,000 each year. The rate of suicide for veterans is more than 50% higher than that of non-veteran adults.

The American Legion is activating a national platform to end veteran suicide. The Be the One campaign will: Destigmatize asking for mental health support, creating opportunities for those with mental health issues to speak freely and get the support they need; Provide peer-to-peer support and resources in local communities; Deploy FDA-approved therapeutics for veterans to identify issues and find resources for support.

The American Legion, Department of Maine High School Oratorical Scholarship Program



Thomas College

180 West River Rd. Waterville, Maine 04901

February 8, 2025, at 9:00 a.m.

****All contestants should plan to arrive between 8 and 8:30 am****

Snow Date: February 15, 2025

[CLICK HERE](#) for topics

Fall Sweepstakes Winners

Gill Veilleux, Lisbon	
Lisbon Post 158.....	\$1,500.00
Richard Doherty, Rumford	
Rumford Post 24.....	\$500.00
Robert A. Coons, Lincoln	
Lincoln Post 77.....	\$300.00
James V. Gorman, Springvale	
Sanford Post 19.....	\$200.00



2024 AMERICAN LEGION COLLEGE DEPARTMENT OF MAINE

*“Life is a moving, breathing thing.
We have to be willing to constantly evolve.
Perfection is constant transformation.”*

-Nia Peebles

The Maine American Legion College originally was a student commitment to 3 weekends per year. To assist Legion members with their busy schedules and other commitments, the 2024 American Legion College will assess a condensed 3-day college. Evaluating the waters to see what is best for members.



This year’s college will be **Friday, October 18th to Sunday, October 20th**.

Maine American Legion College will enhance knowledge and appreciation of The American Legion and teach the core values and contributions of the organization. The coursework prepares Legionnaires for leadership positions in posts, districts, and departments through education, development, and motivation. The curriculum challenges student leaders to think critically and creatively about issues confronting The American Legion.

The curriculum is administered by graduate facilitators of the National American Legion College. We will cover Legion history, leadership traits, putting good practice to use, and active participation in practice ceremonies and hands-on exercises. Topics include public outreach, fundraising strategies, community relations, and a bonus is the network created with fellow students.

The course work makes students more valuable to their posts and departments, increasing effectiveness and productivity.

Maine American Legion College takes place in the Training Center at Department Headquarters (5 Verti Drive, Winslow).

Limited space, reserve your spot today by email:
jason@mainelegion.org



Q. When & onto which US Naval combat ship were women first assigned?

*~ Submitted by Dwayne Hatfield
Mars Hill Post 118*



11th ANNUAL WOMEN VETERANS LUNCHEON

Saturday, November 16, 2024

Rumford Post 24

184 Congress Street, Rumford Maine

For more information please go to Page 15

TREASURER NEEDED!!!

The Beal Hospitality House

at Togus is in desperate need of a treasurer. The position requires experience with payroll. BHH is willing to train anybody interested in this position. The Beal Hospitality House lets the spouses of Veterans stay free of charge while their loved one is at the hospital. Please contact Kenda Simmons, Beal House President, at 207-242-3192 if interested in the position.



AMERICAN LEGION CRIBBAGE BOARDS

Purchase yours today at:

The American Legion
Department of Maine
Headquarters
5 Verti Drive
Winslow, ME 04901

\$30/each - Pickup Only

Proceeds Support Warren Post 218 Members



FRONT



BACK



SE5-EP234 Tango Alpha Lima:

Stronghold Food Pantry CEO and founder Monica Bassett

IN THIS EPISODE: Monica Bassett, founder and CEO of Stronghold Food Pantry, is a Military Food Insecurity Expert and a dedicated advocate for military families facing this issue.

COFFEE!



Be The One Coffee

- Available in whole bean, ground, bulk, or single-serve pods.
- Use code LEGION for 15% off.
- Free shipping on orders over \$50.



Tips & Suggestions

Recognize Your Post's Flag Customers & Supporters, Especially Your Local Businesses!



Consider these ideas:

- Download the free Citation of Appreciation from our web site: [Fillable PDF](#)
- List your business customers in your Post newsletter and encourage your members to thank them.

Success Stories – Over \$150 earned:

★ Brunswick, ME Post 20 ★
Madawaska, ME Post 147 ★

Remember, Your Post earns 10¢ for each \$1 spent on American Flags by your Post or Sponsors!

FLAG REWARDS

American Legion Flag & Emblem

5745 Lee Rd.
Indianapolis, IN 46216
(888) 453-4466
emblem@legion.org



No Veteran should go through a crisis alone. Save the new Veterans Crisis Line number—Dial 988 then Press 1—in your phone in case you or a Veteran loved one needs support.



“A faithful friend loves to the end.”

~ Unknown

QUICKLY & EASILY RENEW ONLINE TODAY!

Simply Scan the QR Code with the camera on your phone or visit:

www.legion.org/renew



MyLegion Q&A

MyLegion.org is a One-Stop-Shop for Managing Your American Legion Membership!

MyLegion.org is a free and secure website for American Legion and Sons of The American Legion members to manage their membership profile and benefits; and for administrative officers of posts, districts and counties to access membership tools.

[VISIT MYLEGION.ORG](http://www.mylegion.org)

THE AMERICAN LEGION 2025 MEMBERSHIP RENEWAL SCHEDULE

Cutoff Dates

May 15, 2024
September 11, 2024
October 16, 2024
December 11, 2024
February 12, 2025
April 9, 2025

Renewal Mail Dates

July 1-8, 2024
October 5-11, 2024
November 9-15, 2024
January 4-10, 2025
March 1-7, 2025
May 3-9, 2025

Transmittals not received by the cutoff date may not prevent a subsequent renewal notice from being delivered at or around the renewal date. Please note, renewals transmitted and received by the cutoff (which is also a National Target Date) will be updated prior to printing renewal notices, assuming they can be successfully scanned. Membership that must be hand-keyed (new members and renewals that can't be scanned) will take longer to process. Please transmit as early and as often as possible in advance of the Target Dates to help avoid delays in processing.

Find a printable copy of this information on [Page 11](#)



Take Advantage of Our Online Multiyear Membership Option by Visiting:
www.legion.org/renew

RENEW TODAY

THANK YOU THURSDAY



The American Legion appreciates your membership and we want to send you a weekly perk to show our thanks. Click below to receive exclusive member offers every Thursday.

[Sign Up Now](#)

Here are a few things to know about multiyear membership:

- The three-year membership sign-up is only available on the National American Legion website. Current or potential members cannot renew or join for a three-year membership at the post level or thru MyLegion.org
- Payment for the three-year membership is upfront.
- There is not a discounted rate with the three-year membership.
- Membership cards will still be sent annually by Legion posts.
- Those who sign up for a multiyear membership will not receive a renewal notice during the time they have signed up for the multiyear membership

Attention: District Commanders & Adjutants

District Meeting Calendar Form now available online!

Click Here or visit:
www.mainelegion.org
under Forms/Application



Warrant Templates All Post/District Officer Positions

Available online at:

[MaineLegion.org](http://www.mainelegion.org)

or go to:

<http://www.mainelegion.org/pages/formsapplications.php>. *It's fast and easy!!!*

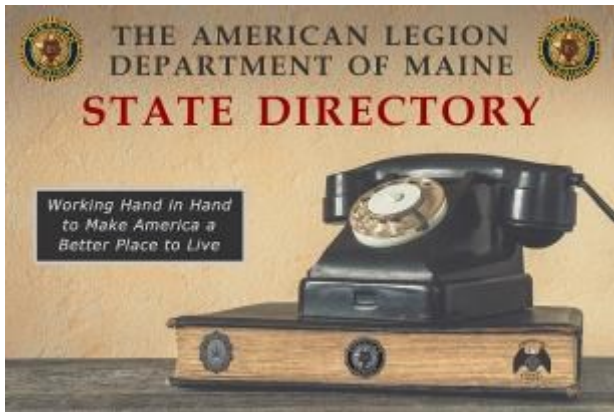
PAST COMMANDERS CLUB

Please note that the annual dues for Past Commanders Club are \$5.00 per member. See **Page 10** for an application. If you haven't paid your Past Commanders Club dues yet, *please do so today!*

Stay Connected with Your Fellow Legionnaires!



[Click here to see the Latest Post Events](#)



[Click Here for the State Directory!](#)

.....
IMPORTANT INFORMATION ABOUT THE STATE DIRECTORY!

Call Dept. HQ at 873-3229 or e-mail: legionme@mainelegion.org to get the Password!!



The State Directory has been posted on the Department Website in the past however it is now password-protected. Please call Dept. HQ at: 873-3229 or e-mail legionme@mainelegion.org to get the password, or if you have any questions or concerns.

POST/DISTRICT FORMS

[CLICK HERE](#)

To see which forms your post still needs to submit

IMPORTANT DATES IN

MILITARY HISTORY

OCTOBER

- Oct. 13, 2024: [Navy Birthday](#)
- Oct. 26, 2024: [National Day of the Deployed](#)
- Oct. 27, 2024: [Navy Day](#)

HERE'S WHAT THE NAVY IS DOING TO IMPROVE WOMEN'S UNIFORMS

The Navy is rolling out a five-year program aimed at “improving the design, form, fit, and function” of uniforms for women in the fleet, according to the service.

The program, known as the [Size Modernization Program](#), seeks to standardize the fit and sizing of all service and dress uniforms - starting with an initial phase targeting officer and chief petty officer service and dress slacks, skirts, and shirts/blouses, the Navy said in a naval administrative message, or [NAVADMIN](#), this month.

The Navy will unveil a summer white overblouse this month at a series of fit clinics, before it becomes available to the rest of the fleet in October. The fit clinics will determine the manner and occasion of wear for the overblouse.

A dress overblouse worn with the service dress blue uniform is also in the works for next year, and is expected to hit the fleet next April, while [updated slacks](#) with back pockets will arrive starting next September.

[Finally, sailors can put hands in their pockets under policy update](#)

The Navy is also updating service skirts, which are slated for production in September 2025 and will become available at select uniform centers in December 2025.

“White, Khaki and Blue service skirts will be redesigned to encompass straight vice A frame design, back center zipper fastener and kick pleat,” the Sept. 18 NAVADMIN states. “Side pockets are being reviewed to determine compatibility with new design pattern, appearance, and functionality.”

The second phase of the Size Modernization Program will address modernizing enlisted E-1 to E-6 uniforms, according to the NAVADMIN.

Other uniform updates introduced in the NAVADMIN include the expanded wear of the Recruiting Command, Recruit Division Commander, and Career Counselor identification badges. Now, metal ID badges are approved for wear with the Navy Working Uniform for sailors assigned ashore until cloth badges become available.

Additionally, embroidered badges are authorized for use with the Navy Working Uniform Type III for personnel serving at sea and ashore.

Naval War College alumni are also permitted to wear their alumni badge on service and full dress uniforms for both formal and informal NWC alumni events with U.S. and international graduates. The badge is not approved for wear in dinner dress uniforms.

~ [Diana Correll, Military Times](#)

TECHNOLOGY 101

is a resource for those who wish to learn basic skills with the powerful technology of today's world. Increased proficiency with computers and cell-phones et al is good both personally and professionally.



Top 17 Online Safety Mistakes That Hackers Love

Using weak passwords: Easy-to-guess passwords are like leaving your front door unlocked. Hackers can quickly crack simple passwords using special software. They love when people use common words, birthdays, or "123456" as passwords. Always use strong, unique passwords for each account with a mix of letters, numbers, and symbols.

Falling for phishing scams: Phishing emails trick you into giving away personal info. They might look like they're from your bank or a trusted company. Hackers send these fake messages hoping you'll click bad links or share private details. Always double-check email senders, and be careful about clicking links or downloading attachments.

Ignoring software updates: Putting off updates leaves your devices open to attacks. Hackers know about security holes in old software versions. They use these weak spots to break in and cause trouble. Make sure to update your apps, operating systems, and antivirus software regularly to stay protected.

Using public Wi-Fi without caution: Free Wi-Fi at cafes or airports can be risky. Hackers might set up fake hotspots or spy on your online activity. They can see what you're doing and steal your passwords or credit card info. If you must use public Wi-Fi, avoid logging into important accounts or use a VPN for extra security.

Oversharing on social media: Posting too much personal info online is dangerous. Hackers use details from your posts to guess passwords or answer security questions. They might even use your info for identity theft. Be careful about what you share, and check your privacy settings on social media.

Clicking on pop-ups: Those annoying pop-up ads can be more than just a bother. Some contain malware or lead to scam websites. Hackers use them to trick you into downloading viruses or giving away personal info. It's best to close pop-ups without clicking on them and use a good ad-blocker.

Not backing up data: If you don't back up your files, you could lose everything in a hack. Ransomware attacks lock up your data and demand money to get it back. Regular backups protect your important files and photos. Use cloud storage or an external hard drive to keep copies of your data safe.

Using the same password everywhere: Reusing passwords is super risky. If a hacker figures out one password, they can get into all your accounts. It's like using the same key for your house, car, and office. Use different passwords for each account, or try a password manager to keep track of them all.

Skipping two-factor authentication: Two-factor authentication adds an extra layer of security. It asks for a second proof of identity, like a code sent to your phone. Hackers hate

this because it's much harder to break into accounts with 2FA turned on. Enable it on all your important accounts for better protection.

Opening unknown email attachments: Email attachments can hide nasty surprises. Hackers use them to send viruses or malware to your device. Even if an email looks like it's from someone you know, be careful. Don't open attachments you weren't expecting, and scan files with antivirus software before opening them.

Not securing smart home devices: Smart home gadgets can be weak spots in your network. Many people forget to change default passwords or update these devices. Hackers can use unsecured smart devices to get into your home network. Make sure to [secure all your smart home tech](#), not just your computer and phone.

Downloading from sketchy websites: Free movie or music downloads might seem tempting, but they're often bait. Hackers use these sites to spread malware or steal your info. Stick to trusted sources for downloads and be wary of anything that seems too good to be true.

Neglecting mobile device security: Many people forget that phones also need protection. Hackers target mobile devices because they often have less security than computers. Use a passcode or fingerprint lock, keep your apps updated, and be careful what you download on your phone or tablet.

Falling for tech support scams: Fake tech [support calls or pop-ups are common tricks](#). Scammers pretend to be from big tech companies and say your device has a problem. They try to get remote access to your computer or make you pay for fake services. Never give control of your device to a stranger or share personal info over the phone.

Using unsecured cloud storage: Cloud storage is handy, but not all services are equally safe. Hackers love finding poorly secured cloud accounts full of personal files. Choose reputable cloud services, use strong passwords, and be careful about what you store online, especially sensitive documents.

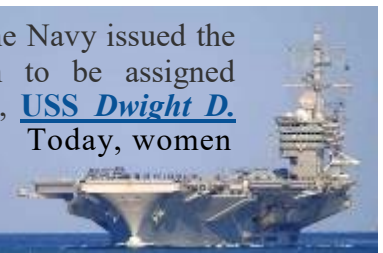
Ignoring privacy settings: Many apps and websites collect more information than you might think. If this data is not protected, hackers can use it. Review and adjust privacy settings on your accounts and devices. Limit what information you share and who can see it.

Not educating family members: Your online safety is only as strong as your weakest link. If family members who share your Wi-Fi or devices aren't careful, it puts everyone at risk. Teach your kids and older relatives about online safety. Help them understand common threats and how to avoid them.

~ [MSN.com](#)

MILITARY TRIVIA

A. On 7 March 1994, the Navy issued the first orders for women to be assigned aboard a combatant ship, [USS Dwight D. Eisenhower](#) (CVN-69). Today, women serve in every rank from seaman to admiral and in every job from naval aviator to deep-sea diver.





OCT 3, 2024

A CENTURY LATER, THE HELLO GIRLS RECEIVE RECOGNITION

Senate passes Hello Girls Congressional Gold Medal Act to honor women who served in the Army as “telephone operators in World War I.

The Senate last week unanimously passed the Hello Girls Congressional Gold Medal Act, a measure to honor the landmark service of the brave women who served in the Army as telephone operators and “connected American and French military forces on the front lines of World War I.

This legislation, sponsored by Senate Veterans’ “Affairs Committee Chairman Jon Tester, would award the women of the U.S. Army Signal Corps, dubbed the Hello Girls, with the Congressional Gold Medal for their service to the nation and subsequent 60-year fight to be recognized as veterans. The bill now heads to the House of Representatives.

American Legion Legislative Commission Chairman Patricia Harris applauded Tester for his support of the honor for the group of 223 women who were the first female soldiers in the U.S.

“I am incredibly proud of this legislation,” said “Harris, an Army NCO who served in the modern-day Signal Corps as a secured switchboard operator. “I recognize that the Hello Girls paved the way for us. Women have played instrumental roles in the military throughout our

nation’s history. Among those were the Hello Girls, despite being told their service did not count afterward. While the Congressional Gold Medal is a major step forward in honoring women's military service, the work is not complete. We look forward to the bill becoming law and the memory of the Hello Girls and their service being honored.”

The Legion has long supported the designation, including the passage of Resolution 110 by the National Executive Committee in 2018. More recently, the Legion conducted an email campaign that led to Legionnaires sending more than 21,000 messages to Congress in support of the bill.

Additionally, American Legion staff in Washington, D.C., have worked with members of Congress and allied organizations for months to make sure that the Legion perspective was heard and our support for this measure was known.

Hello Girls was the colloquial name for American female switchboard operators in World War I, formally known as the **Signal Corps Female Telephone Operators Unit**. During World War I, these switchboard operators were sworn into the U.S. Army Signal Corps. Until 1977 they were officially categorized as civilian "contract employees" of the US Army. This corps was formed in 1917 from a call by General John J. Pershing to improve the worsening state of communications on the Western front. Applicants had to be bilingual in English and French to ensure that orders would be heard by anyone. Over 7,000 women applied, but only 450 women were accepted. Many of these women were former switchboard operators or employees at telecommunications companies. They completed their Signal Corps training at Camp Franklin, now a part of Fort George G. Meade in Maryland.



American telephone girls arriving for “hello” duty in France, March 1918



**AMERICAN LEGION ALDEN M. GAYTON POST 31 AUBURN
WELCOMES
AMERICAN LEGION NATIONAL COMMANDER
JAMES LACOURSIERE**

WHEN: OCTOBER 17, 2024

WHERE: 462 WASHINGTON Avenue N, AUBURN

TIME: SOCIAL 4:30-5:30 - 5:30 PRESENTATION - 6 PM MEAL

**THIS IS A FOOTBALL THEMED EVENT, WEAR YOUR FAVORITE
FOOTBALL JERSEY.**

**MUSICAL ENTERTAINMENT AND THURSDAY NIGHT FOOTBALL TO
FOLLOW**

RESERVE YOUR SPOT BY MAILING \$12

(NO LATER THAN OCTOBER 11 or dropping off at the Post Tuesday-Saturday 4-8 pm)

TO: AMERICAN LEGION POST 31

462 WASHINGTON Avenue N, AUBURN, ME 04210

FOR MORE INFORMATION CALL: 783-6992



**DEPARTMENT OF MAINE
THE AMERICAN LEGION**

PAST COMMANDERS CLUB

It is with great pride and pleasure that we the membership of Post # _____ submit the names of all our living Past Commanders for membership to the Past Commanders Club. Along with the names, we have enclosed the annual dues of **\$5.00** per member with the understanding that this will continue to provide two (2) \$500.00 scholarships. The recipient must be the son/daughter, grandson/granddaughter of a member of The American Legion.

Membership in the Past Commanders Club goes from January 1 to December 31 of each year.

Post Adjutant

PLEASE PRINT OR TYPE

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____

- 13. _____
- 14. _____
- 15. _____
- 16. _____
- 17. _____
- 18. _____
- 19. _____
- 20. _____
- 21. _____
- 22. _____
- 23. _____
- 24. _____

Use back side if additional space is required.

SUBMIT TO:

**The American Legion, Dept. of Maine
5 Verti Drive
Winslow, Maine 04901-0727**

**MAKE CHECKS PAYABLE TO:
PAST COMMANDERS CLUB**

This form may be filled out on-line at: www.mainelegion.org/pages/formsapplications.php

***** Please note that the annual dues for Past Commanders Club have increased to \$5.00/member*****

THE AMERICAN LEGION 2025 MEMBERSHIP RENEWAL SCHEDULE

CUTOFF DATES

MAY 15, 2024

SEPTEMBER 11, 2024

OCTOBER 16, 2024

DECEMBER 11, 2024

FEBRUARY 12, 2025

APRIL 9, 2025

RENEWAL MAIL DATES

JULY 1-8, 2024

OCTOBER 5-11, 2024

NOVEMBER 9-15, 2024

JANUARY 4-10, 2025

MARCH 1-7, 2025

MAY 3-9, 2025

Transmittals not received by the cutoff date may not prevent a subsequent renewal notice from being delivered at or around the renewal date.

Please note, renewals transmitted and received by the cutoff (which is also a National Target Date) will be updated prior to printing renewal notices, assuming they can be successfully scanned. Membership that must be hand-keyed (new members and renewals that can't be scanned) will take longer to process. Please transmit as early and as often as possible in advance of the Target Dates to help avoid delays in processing.



Dear Legionnaire,

It's time to choose your Medicare Advantage health plan for 2025. The Annual Enrollment period runs from October 15th through December 7th and we're here to help you understand your options as well as select the plan that best suits your needs. Join us to learn about the enrollment period and how Wellcare Medicare Advantage plans work alongside your VA benefits to provide more coverage than Original Medicare.

As a veteran, you deserve access to the right doctors, the benefits you can use every day to stay healthy, and straight answers about your coverage. You'll find those answers at our upcoming virtual events.

Date: 10/23/2024

Location: Virtual Webinar

Time: 4:00 PM EST

During the session, your host will:

- Give an overview of the Medicare Annual Enrollment Period (AEP)
- Review the requirements of joining a Medicare Advantage plan
- Talk about the different types of plans available and how they can work alongside your veteran benefits
- Explain how to enroll into a Medicare Advantage plan
- Talk about what can be expected after you enroll

Don't wait! If you'd like to attend this informational session, please register now!

[REGISTER NOW](#)

If you have any issues accessing the session, please reach out to:

businesspartnerships@centene.com.

Thank you,
The Wellcare Team



'Ohana Health Plan, a plan offered by WellCare Health Insurance of Arizona, Inc. For accommodations of persons with special needs at meetings, call 877-699-3552 TTY 711. There is no obligation to enroll.

DEPARTMENT & NATIONAL LEGION PER CAPITA

No. of Cards	Amt. of Check	No. of Cards	Amt. of Check
1	\$41.00	26	\$1,066.00
2	\$82.00	27	\$1,107.00
3	\$123.00	28	\$1,148.00
4	\$164.00	29	\$1,189.00
5	\$205.00	30	\$1,230.00
6	\$246.00	31	\$1,271.00
7	\$287.00	32	\$1,312.00
8	\$328.00	33	\$1,353.00
9	\$369.00	34	\$1,394.00
10	\$410.00	35	\$1,435.00
11	\$451.00	36	\$1,476.00
12	\$492.00	37	\$1,517.00
13	\$533.00	38	\$1,558.00
14	\$574.00	39	\$1,599.00
15	\$615.00	40	\$1,640.00
16	\$656.00	41	\$1,681.00
17	\$697.00	42	\$1,722.00
18	\$738.00	43	\$1,763.00
19	\$779.00	44	\$1,804.00
20	\$820.00	45	\$1,845.00
21	\$861.00	46	\$1,886.00
22	\$902.00	47	\$1,927.00
23	\$943.00	48	\$1,968.00
24	\$984.00	49	\$2,009.00
25	\$1,025.00	50	\$2,050.00

8/ Membership Department and National Per Capita

Make checks payable to: The American Legion, Department of Maine. Mail cards and checks to:

**The American Legion
Department of Maine
5 Verti Drive
Winslow, Maine, 04901-0727**



Department of Maine

Itinerary
National Commander's Visit
James A. LaCoursiere, Jr.
October 14-18, 2024

Arrival: Portland 10/14

Lodging: Hilton Gardens Auburn

Itinerary:

October 15: leave hotel at 9 am.

1. 9:45 am Oxford Post 112- pastries/coffee
2. 11 am Norway Post 82- meet and greet
3. 12:30 pm - Mechanic Falls Post 150- lunch
4. Hotel Auburn for afternoon
5. 5:30 pm Slider's Sports Pub for food and games

October 16: leave hotel at 9:10 am

1. 10 am Bath Post 21- pastries/coffee
2. Noon- Damariscotta Post 42- Lunch
3. 3 pm- back to hotel
4. 6:30 pm dinner Auburn (Mac's Grill)

October 17: leave hotel at 8:30 am

1. 9:15 am Livermore Post 10- pastries/coffee
2. 11 am Farmington Post 28
3. 1 pm Winthrop Post 40
4. Leave for Hotel Auburn
5. 5:30 pm Auburn Post 31-Banquet/Speech/Entertainment

October 18: Departure



AMERICAN LEGION



American Legion Post 24 and the
American Legion Dept. of Maine,

Women Veteran's Advisory Committee to Honor
Women Veterans at the

11th Annual Women Veteran's Luncheon

American Legion Rumford Post 24
184 Congress St. Rumford, Me.

Saturday, November 16th, 2024

Schedule of events 9:30 to 12:30

Refreshments, Reiki and a variety of activities, while visiting
with other women who have served.

Lunch approx. 12:30pm

Please share with all Women Veterans.

Fun surprises, raffles and more!

Please contact Tricia Thurston at 207-357-3289 to RSVP.

You do NOT need to be an Legion member to attend.

The event is planned for all Women Veterans
and is at no charge to them.

***Please Plan to Stay for
Group Pictures!***

HOMELESS VETERANS MOBILE STAND DOWNS



Connecting homeless & at-risk veterans to:

Housing resources, benefits, healthcare services, employment & training opportunities, personal care items, winter clothing, haircuts, food, & other community resources!

OCT. 23
10 A.M. - 2 P.M.

TRI-COUNTY CAREER CENTER
45 OAK STREET, #3, BANGOR

OCT. 30
10 A.M. - 2 P.M.

MILL PARK
2-23 ME-104, AUGUSTA

Thank you to our participating resources & sponsors:

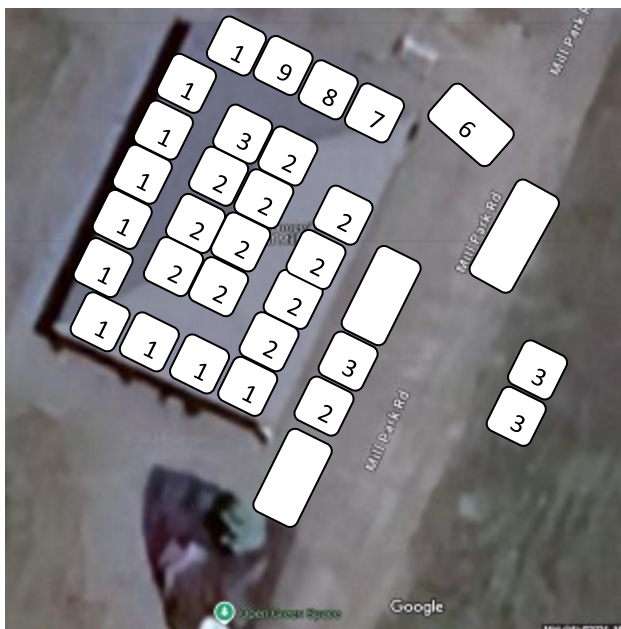
Maine Bureau of Veterans' Services, VA Maine Healthcare System, VA Maine Homeless Veterans Program, Veterans Benefits Administration, Vet Center, Veterans Forward, VFW, Operation Brotherhood, Elks Lodge, Maine Veterans in Need, Maine DOL CareerCenters, Sport Clips, Wabanaki Public Health & Wellness, Volunteers of America Northern New England, Preble Street, V.E.T.S. Trailers, American Red Cross, Veterans Upward Bound, Health Affiliates of Maine, Masonic Charitable Foundation, and many more!

Maine Bureau of
Veterans' Services
Homeless Veterans
Coordination Team:
207-287-7019
HVC.MaineBVS@maine.gov



Maine Bureau of
Veterans' Services

Maine Veterans' Benefits
and Recourse Guide
Scan QR Code:



MB	6. V Boothbay S VETS	11. MDOL	16. Sport Clips	21. REBOOT Recovery	26. Bridging the Gap	31. Elks
MB	7. Preble Street S VHS	12. Veterans Forward/ FEDCAP	17. Starlight Military Program	22.VUB	27. Tindon Associates	32. BIW L6 Union
VB	8. Veterans Inc.	13. VTC	18. Liberty Bay Recovery	23. The Red Cross	28. Wellness Mobile Foundation	
VH	9. VOA ANNE	14. PTLA	19. HAM	24. MVN	29.	
Vet	10. HUD	15. Taxpayer Advocate Service	20. Healthy Communities of Central Maine	25. DAV	30.	

JOIN US AT CABELA'S

100 Cabela's Blvd., Scarborough, ME 04074

NOV 3RD

SUN

10AM-
2PM

REGISTER

FOR THE EVENT



- FIRST 100 VETERANS/SERVICE MEMBERS WHO ATTEND WILL RECEIVE A FREE CARE PACKAGE FROM OPERATION GRATITUDE
- FOOD
- FREE MUSIC
- FREE GIVEAWAYS
- ACTIVITIES FOR THE KIDS
- PRESENTATION FROM QUILTS OF VALOR

Veterans and Community Connection Expo

American Red Cross, Disabled American Veterans (DAV), Go Maine, Health Affiliates, Honor Flight of Maine, Maine ArgAbility, Maine Bureau of Veterans' Services, Maine Department of Labor, Maine Public, Maine Paws for Veterans, Maine Veterans' Home, Maine Veterans in Need, Martin's Point Healthcare, Military Womens Memorial, Music for Military "Freedom Band," National Cemetery Administration, Operation Gratitude, Pineland VAST, Quilts of Valor, Sisters in Arms Center, Travis Mills Foundation, University of Southern Maine-Veterans' Service Department, Vet2Vet, Veterans Benefits Administration, Vet Center, Veterans Health Administration, Veterans of Foreign Wars (VFW), Veterans Upward Bound, VOA of Northern New England, Wellness Mobile, Wreaths Across America, and many more.

