THE LEADERSHIP LEDGE

The American Legion, Department of Maine

5 Verti Drive, Winslow, Maine 04901-0727 www.mainelegion.org | legionme@mainelegion.org | 207-873-3229

www.facebook.com/TALDepartmentofMaine



Welcome to the 150th Edition of The Leadership Ledger. It includes post, department and national reports, leadership training events, upcoming conferences/conventions as well as rules and regulations pertaining to local, state and national laws. The Ledger is available by visiting the Department's website at mainelegion. org under "News & Events" or on the home page. If you have any information to be published in The Leadership Ledger, please forward to Dept. HQ via email at: legionme@mainelegion.org

District Meetings

Be Connected · Be Heard · Be Informed

NOVEMBER 2025

District 3 - Androscoggin: Nov. 17, Turner Post 111, 6:30 p.m.

District 5 - Oxford: Nov. 19, Bethel Post 81, 6:00 p.m., Refreshments After

District 6 - Knox: Nov. 16, Camden Post 30, 1:00 p.m., **Guest Speaker**

District 9 - Kennebec: Nov. 12, Waterville Post 5, 6:00 p.m.

District 13 - Penobscot: Nov. 9, Corinna Post 73, 2:00 p.m., Lunch at 1:00 p.m.

District 14 - Piscataquis: Nov. 15, Monson Post 116, 12:00 p.m.

District 17 - Aroostook: Nov. 9, Fort Kent Post 133, Meal at 12:00 p.m. & Meeting at 1:00 p.m.

Veterans Day: Nov. 11

View Veterans Day Deals & Discounts

Honoring All Who Served Thank You, Veterans!



American Legion State Headquarters will be closed on Tuesday, Nov. 11 in observance of Veterans Day. Please plan accordingly. Thank you!

ANNUAL DEPARTMENT OF MAINE

MID-WINTER CONFERENCE

January 10, 2026

Jeff's Catering & Event Center, 15 Littlefield Way Brewer, Maine 04412

annual Mid-Winter for Conference of of Maine, will be held at Jeff's Catering & Event Center, 15 04412 on Jan. 10, 2026. The Conference will be hosted by Commander Leroy McKenzie and 2nd Vice Commander Ryan Coffin. View Event **Flyer**

Special Rate Legion Family for Hotel Reservations: Holiday Inn: 404 Odlin Rd, Bangor, ME 04401. Phone: 207-947-0101

Room Rate: \$129 + sales tax, Microwave, Refrigerator, Coffee/Tea Maker, Elevators, Restaurant, Lounge, Indoor pool.



Click Here to Reserve Your Room or scan the QR code above with your phone.

"American Please state Legion" calling

reservations. Reservations are to be made American Legion, Department by each individual, as the Department HQ will not be coordinating reservations for Little Field Way, Brewer, ME this conference. Deadline: Jan. 4, 2026.

> Registration Fee: \$10.00 per person.

Includes unlimited coffee & tea (Regular and Decaf), water all day, and juice, breakfast pastries, and fresh fruits in the morning. This is for The American Legion, Auxiliary, Sons, and Guests that are attending.

Mid-Winter Conference Lunch Buffet: \$10 per person (to be paid to Jeff's Catering by noon.)

Please mail registration fee to: The American Legion Department of Maine 5 Verti Drive Winslow, ME 04901 (Notate "MWC" in memo field)

To pay by debit/credit card, click here or visit www.mainelegion.org, and select WINTER CONFERENCE listed in the NEWS & EVENTS

dropdown menu or scan the QR code, right, with your phone.



For questions, please call Department of Maine HQ at 207-873-3229 or email legionme@mainelegion.org



COMMANDER'S PROJECT 2025-26

Department Commander Leroy McKenzie asks that each Post and Legionnaire support his goal!

EMBER'S PAWS OF HOPE



EMBER'S **PAWS** OF **HOPE:** A nonprofit organization dedicated to providing emotional and mental support to veterans and first responders through the use of future certified therapy dog(s). Members of our team have a diverse background which include being trained in critical incident stress management and peer support, and we visit fire

stations, police stations, hospitals, and veterans facilities to offer comfort and companionship to those who serve our communities.

THE ANGEL: Ember was 9 weeks old when she moved in with Tim Nickels, the goal was to have Ember become a therapy dog. It was discovered that Ember was too attached to Tim but no one knew that would save him later on. Anytime Tim was having a hard day or a bad shift Ember would sit with Tim. Tim was



diagnosed with PTSD in 2020, Ember wouldn't leave his side. Ember knew something was up. Tim became suicidal and made attempts to end his life. Ember stopped him at least three times. When the days were dark, Ember wouldn't let him leave without her.

THE PROJECT: National American Legion asks Departments to partner with local organizations to support BE THE ONE. Commander McKenzie has chosen to partner with Ember's Paws of Hope (EPOH), an organization committed to provide, comfort, support, and emotional healing to veterans and first responders through the unconditional love and companionship of therapy dog. EPOH is dedicated to enhancing the wellbeing of those who serve our communities and country, offering a source of solace in times of stress, trauma and hardship.

THE PLAN: We are asking all American Legion Posts and/or members to financially contribute to Ember's Paws of Hope. This new 501-c-3 needs funding to provide more trained therapy dogs and make more appearances to provide physical, emotional and social well-being to others in need.

Donations can be made to The American Legion Dept. of Maine, 5 Verti Drive, Winslow, ME 04901-0727. Please place in the memo line of the check: Ember's Paws of Hope or Commander's Project 2025-2026

If you would like to donate with a Debit or Credit Card, please call 207-873-3229 or visit: www.mainelegion.org and click on the DONATE button.

Show Your Support to Maine Veterans by Donating Today & Make Your Name Part of American **Legion History**

Deadline for Submission May 15, 2026

ONATE \$25 Receive Challenge Coin & 📙 Name in Yearbook

DONATE \$50 Receive Challenge Coin, Lobster Lapel Pin & Name in Yearbook

DONATE \$100 Receive Challenge Coin, Lobster Lapel Pin, Name in Yearbook, & 2026 Convention Yearbook







Maine American Legion BE THE ONE Challenge Coin, left, and Maine American Legion Lobster Lapel Pin, right.



ecome a sponsor today by Bodonia ing to the Maine American Convention Yearbook Program and make your name part of The American Legion history! Your name will be listed in our 2026 Maine American Legion Yearbook made available in print and online in digital format by visiting www. mainelegion.org.

To donate with Debit/Credit Card, click the button below, or simply scan the QR code with your phone. You may also visit www.mainelegion.org and click on the Maine American Legion Convention Yearbook Donations Welcomed button. If donating by check, please make payable to The American Legion, Department of Maine earmarked "Yearbook Program" and mail to: The American Legion, Department of Maine, 5 Verti Drive, Winslow, ME 04901-0727.

For more information, please call 207-873-3229 Ext. 2 or email rachael@mainelegion.org.







Q. What was the only US warship to have been fired upon by the USAF, in the Gulf of Tonkin, during the Vietnam War?



The American Legion Department of Maine

Commander's Project - Ember's Paws of Hope Lloyd Woods......\$500 Patricia Thurston...\$200

American Legion Department of Maine Foundation Litchfield Post 181 Building Fundraiser

Debra Couture	\$20,000
Greg Couture	\$10,000
Richard G. Braunfels	\$5,000
Cutchen Consulting & Communications LLC	\$500
Kenneth & Joelle Nason	\$250
Dr. Mark Evans	\$200

Thank you!

Marine Corps Birthday: Nov. 10

ov. 10 is the birthday of the Marine Corps, first formed as the Continental Marines in 1775 during the Revolutionary War. Homecoming 250 Marine Corps Events planned Nov. 7-11 in and around Philadelphia and Camden, N.J.

Click Here to Learn More &
Attend or Visit
www.homecoming250.org

Buddy Check Week: Nov. 10

Resolution No. 18 calls for American Legion Buddy Checks to be conducted Legionwide on the weeks of The American Legion's birthday, March 15, and Veterans Day, Nov. 11.

Click Here for Resources & More Info

Received Your 2025 Labels and Would Like to Make a Donation?

Label donations can be made online by Clicking Here, scanning the QR code with your phone, or by visiting www.mainelegion.org and clicking on the "Donate" button. Please be sure to notate "Labels" in the notes so we can identify your donation.



To pay by check, mail to: The American Legion, Department of Maine, 5 Verti Drive, Winslow, ME 04901-0727

<u>Label Donations</u> over \$50 receive special donor gift(s) as our thanks to you:

Donate \$50-99 and receive a 2025 Distinguished Donor Lapel Pin

Donate \$100-149 and receive a 2025 Distinguished Donor Lapel Pin, AND the Challenge Coin

Donate \$150 or more and receive a 2025 Distinguished Donor Lapel Pin, a Challenge Coin, AND a Lobster Lapel Pin!

Distinguished Donor Pins for 2022, 23, & 24 are Also Available Upon Request at \$50 Each or 3 for \$100.

Limited Supply Available!



SCAM ALERT: "Veterans Savings Program" Postcard

Please be aware, a post card is being mailed to Veterans claiming to add an extra \$110 to checks each month. This is a scam. Please disregard this post card. Do NOT call the phone number or give them any of your information.

Scam Post Card Front & Back:



Flag at Half-Staff

As a mark of respect for the memory of former Vice President Dick Cheney, the United States flags are to be flown at half-staff immediately through sunset on the day of his interment.



When published, White House proclamations may be found at www.whitehouse.gov/presidential-actions/



Unable to Lower Your Flag?
Attaching this black ribbon to the top of a U.S. flag is an acceptable alternative for flags that cannot be lowered to half-staff. SHOP HERE



Thomas College 180 West River Rd. Waterville, ME 04901

February 14, 2026, at 9:00 a.m.

All contestants should plan to arrive between 8 and 8:30 a.m.

Snow Date: February 21, 2026

All pertinent information regarding the HS Oratorical Scholarship Program has been submitted via email and USPS Mail to all schools and post adjutants & commanders. Applications must be received at the Post level by Dec. 6. At the District level, applications for the WINNER ONLY representing your District should be submitted to Department HQ by Jan. 24 for the State Competition to be held Feb. 14.

Click Here to View/Download Oratorical Application, Brochures, Flyers, etc.

2026 Membership Renewal **Schedule**

Cutoff Dates

May 14, 2025 September 10, 2025 October 15, 2025

December 10, 2025 February 11, 2026

April 8, 2026

Renewal Mail Dates

July 1-8, 2025

October 4-10, 2025 November 8-14, 2025

January 3-9, 2026

March 1-8, 2026

May 2-8, 2026

Transmittals not received by the cutoff date may not prevent a subsequent renewal notice from being delivered at or around the renewal date. Please note, renewals transmitted and received by the cutoff (which is also a National Target Date) will be updated prior to printing renewal notices, assuming they can be successfully scanned. Membership that must hand-keved (new members and renewals that can't be scanned) will take longer to process. Please transmit as early and as often as possible in advance of the Target Dates to help avoid delays in processing.

2025-2026 National **Membership Target Dates**

Early Bird/NEF Kickoff	September 10, 2025	50%
Fall Meetings	October 15, 2025	55%
Veterans Day	November 13, 2025	65%
Pearl Harbor Day	December 10, 2025	75%
Mid-Winter	January 14, 2026	80%
President's Day	February 11, 2026	85%
Legion Birthday	March 11, 2026	90%
Children & Youth	April 8, 2026	95%
Armed Forces Day	May 13, 2026	100%
Delegate Strength	30 Days Prior to National Convention	

arget dates fall on the second Wednesday of the month unless there is a holiday on that day or at the beginning of that week. The October Target Date is moved a week to allow departments to participate in Fall Meetings without affecting membership processing for that week. Since Veterans Day falls on a Monday, the November target date will be on a Thursday.





Squadron Forms/ LEGION Applications

Read the SAL Newsletter - November 2025

Print a SAL Membership Application

Squadron Officers Form

Consolidated Squadron Report - fillable

Annual Squadron Data Report - fillable

Click Here for the Latest Membership Report

District Awards

American Legion Jacket: Awarded to District Commanders who reach 100% by December 31, 2025.

American Legion Ball Cap: Awarded to District Commanders who reach 100% by March 11, 2026.

Highest District Overall Membership Percentage (1st Place - \$500 | 2nd Place - \$250):

Awarded to District Commanders who reach the highest overall membership percentage 30 days prior to National Convention (July 29, 2026).

Highest District Overall Membership Renewal Percentage (1st Place - \$500 | 2nd Place - \$250):

Awarded to District Commanders who reach the highest overall membership renewal rate 30 days prior to National Convention (July 29, 2026).

All District Incentive Awards must be verified by the District Adjutant.

For more Information Click Here and find: 2025-26 Membership Goals & Awards Manual

Membership MPACT Reports

The American Legion's success depends entirely on active membership, participation and volunteerism. The following monthly reports located on: www.legion.org/ about/reports/membership-impact provide a summary of membership, participation and volunteerism making an impact in the lives of veterans, families and communities. American Legion Posts can share the many ways Legionnaires are making a difference in their communities by submitting consolidated post reports online. To visit the impact American Legion posts made throughout the year, visit: www.legion.org/about/reports or www.legion.org/about/ reports/membership-impact

Commanders & Adjutants

District Meeting Calendar Forms Available Online!

Click Here or visit: www.mainelegion.org under Forms/Application



Is Your Post Utilizing Its' **Sales Tax Exemption?**

Il Legion Posts in the state of Maine qualify for Sales Tax Exemption. If your Post currently does not have a Certificate for Sales Tax Exemption, please call Dept. Headquarters for assistance at 207-873-3229 so we can send you a packet containing detailed instructions on how to obtain this status.



Auto-Renew Notice:

f you auto-renewed your 2026 membership after January 1, 2025, please note that your 2026 membership will auto-renew in December 2025 or January 2026.

For more information, please call Department HQ at 207-873-3229 Ext. 2. Thank you.

Attention District Commanders and Post Adjutants

MyLegion.org training lessons are available at State Headquarters.

If you are interested in learning how to use the site, please call The American Legion, Department of Maine Headquarters at 207-873-3229 Ext. 2 or email rachael@mainelegion.org to set up an appointment.

Training lessons last between 1-2 hours.

The Maine Legionnaire

Click Here to read the latest issue



Submission Deadlines November 2025 IssueDeadline: October 17, 2025

February 2026 Issue Deadline: January 23, 2026

May 2026 Issue Deadline: April 17, 2026

MILITARY TRIVIA

A. On June 16–17 1968, the USS Boston, a cruiser class guided missile destroyer, was conducting naval gunfire support against North Vietnamese targets, in company with the destroyers USS Edson, USS Theodore E. Chandler and the Australian guided missile destroyer RAS Hobart, when the group was attacked by USAF aircraft from the 366th Tactical Fighter Wing. The jets fired two missiles at USS Boston and one exploded 200 yards off the port beam and the other close aboard to port, showering the ship with fragments. No sailors were injured and the sparrow missiles caused only minor structural damage. However, the Royal Australian Ship Hobart was hit by 3 missiles, killing two sailors & wounding eight more. The USAF aircraft came around for a third attack but were scared off when the Hobart fired at the aircraft.



No Veteran should go through a crisis alone. Save the new Veterans Crisis Line

number—Dial 988 then Press 1—in your phone in case you or a Veteran loved one needs support.

PAST COMMANDERS CLUB



Please note that the annual dues for Past Commanders Club are \$5.00 per member. Click Here or visit www.mainelegion.org under Forms/Application to download an application. If you haven't paid your Past Commanders Club dues yet, please do so today!

See Page 8 for PCC Form

Honor Flight Maine

All Maine Veterans interested in going on a trip should go to <u>HonorFlightMaine.org</u> to apply. The site also contains applications for those wishing to be Guardian for a Veteran and for Volunteers. Honor Flight Maine is an all volunteer organization.





Celebrate the nation's semi-quincentennial by taking part in The American Legion's USA 250 Challenge Click Here to Register

ABOUT THE CHALLENGE: The American Legion Family is honoring the nation's 250th birthday with a commitment to embracing physical activity, supporting mental health and serving its communities. The USA 250 Challenge encourages American Legion Family members, other veterans and all Americans to participate, and even raise additional money to support our disabled veterans and families in need through The American Legion Veterans & Children Foundation.

The year-long initiative offers three categories — fitness, mental wellness and community service — in order to engage more American Legion Family members and others to participate.

Participants may engage in one, two or all three activities as an an individual or as part of a team like an American Legion post, American Legion Auxiliary unit, Sons of The American Legion squadron and/or an American Legion Riders chapter.

For a \$30 registration fee, participants will receive their choice of a USA 250 Challenge tech shirt. The proceeds will go to the Veterans and Children Foundation (VCF).

<u>Click Here</u> or <u>See Pgs. 10-12</u> to View the Flyer for Ideas on How to Participate

The American Legion Style Guide Standards & Best Practices

Introduction

his style guide has been developed to assist American Legion staff and volunteers to be as consistent as possible in all written communications. The ultimate goal is for articles, press releases, social media posts, brochures, booklets and other published material to have a uniform style. This booklet does not replace rules and regulations adopted at local posts or individual departments; however, it is designed to offer guidance as to established norms, and is highly recommended for use at every level of the organization.

Sections include quick tips; the use of abbreviations, acronyms and capitalization; titles; and military terms and ranks.

In most circumstances, The American Legion follows AP style, as outlined in the latest editions of The Associated Press Stylebook and Webster's New World College Dictionary.

Quick Tips

Keep your text simple. Don't use two words when one will do.

Not sure when to capitalize the "t" in The American Legion? Only when referring to the main organization or Sons of The American Legion. When the name is followed by another word or words, go with a lowercase "t": the American Legion Family, the American Legion Department of California, the American Legion Riders, the American Legion Legacy Run, the American Legion Baseball program, the American Legion Veterans & Children Foundation.

It's often necessary to give readers a full term or name before using an abbreviation or acronym. For example, most people know the Department of Veterans Affairs as VA, but don't know what CARES stands for (Capital Asset Realignment for Enhanced Services). On first reference, give the full name or term. Use the acronym in second and further references: American Legion posts nationwide are raising money for the National Emergency Fund. After that, use the acronym: the NEF provides direct financial assistance. Avoid abbreviations and most acronyms in headlines except those widely recognizable: FBI, IRS, NASA, etc.

Avoid alphabet soup by using capitalization only where it's needed and appropriate. When too many words are emphasized, none stand out. Don't say, American Legion Posts are full of Veterans who respect our Nation's Flag. Do say, American Legion posts are full of veterans who respect our nation's flag. Limit capitalization to the first word of a sentence, proper nouns (people, groups, places, etc.)., and titles preceding names.

What about titles? This rule is simple: capitalize a title preceding a name: President Joe Biden signed the bill.

Don't capitalize a title if it follows the name or is used without an individual's name: the president visited Arlington National Cemetery. A few American Legion-specific examples include:

Preceding vs. Following

National Commander Vincent J. "Jim" Troiola Vincent J. "Jim" Troiola, national commander

American Legion Auxiliary President Vickie Koutz Vickie Koutz, president of the American Legion Auxiliary Department of Indiana Commander James Daube James Daube, commander of the Indiana American Legion Post 48 Commander Jane Smith

Jane Smith, commander of Post 48

National Americanism Commission Chairman Mark Avis Mark Avis, chairman of the Legion's National Americanism Commission

Abbreviate only a handful of titles. Spell out most formal titles, with the exceptions of Dr. (doctor), Gov. (governor), Lt. Gov. (lieutenant governor), Rep. (representative), Sen. (senator), the Rev. (minister or priest) and certain military titles. Avoid using Dr. as a formal title for individuals without a doctoral degree in dental surgery, medicine, optometry, or osteopathic, podiatric or veterinary medicine. If the context calls for using Dr. to identify a person with another type of doctoral degree, indicate the specialty in first or second reference.

Training Tuesdays

he last Tuesday of each month American Legion National Headquarters staff will present 60 to 90-minute sessions on topics aimed at post commanders and adjutants. Each session will be recorded and made available for later viewing.

> Click Here to Register and **Watch Previously Recorded Sessions**



NEXT TRAINING DATE:

December 20

Where: Dept. of Maine Training Room 5 Verti Drive, Winslow, ME 04901

For more details on the Be The One campaign

visit: betheone.org

To reserve your spot or for questions, email:

betheonedeptme@gmail.com

Post Service Officer Training Presented by Department Service Officer Carl Curtis

Join us for training, free of charge, to learn more about the benefits afforded to veterans and dependents and to learn how to serve as valuable resources to veterans in your community.

Upcoming Training Date:

Saturday, November 15

Click Here For More Info & View Training Flyer on Page 9

Legionnaire Insurance Trust (LIT) No Cost LegionCare

Your valued status as a member of the Legion Family makes you eligible for LegionCare.



Current members only are entitled to the \$5,000 No-Cost-To-You Accident Insurance Protection. If your membership was expired at any point, you will have to sign up again to receive coverage.

Click Here To Learn More and Sign Up

Windows need replacing? You'll want to work with a company you can trust. Renewal by Anderen.

U.S. MILITARY MEMBERS AND VETERANS:

Renewal by Andersen Salutes You!

MILITARY DISCOUNT FOR THOSE WHO HAVE SERVED

\$300 OFF

Your Entire Purchase*

855-993-5147 | WINDOWSRESULT.COM | ENDS 10/31





GET OFFER >

We also offer an additional Military Discount to those who've served to say Thank You for your service & sacrifice. Call 855-993-5147 or Click Here for this great offer!



USAA is proud to be the Preferred provider of Insurance and Financial Services to The American Legion. Please visit usaa.com/legion or call 877-699-2654.





THE OFFICIAL MEDICARE ADVANTAGE PROVIDER OF THE AMERICAN LEGION



Annual Enrollment Period is October 15 to December 7. Click or scan to call now.

877-880-8194 (TTY: 711)



THE OFFICIAL MEDICARE ADVANTAGE PROVIDER
OF THE AMERICAN LEGION

The Annual Enrollment Period runs from October 15th through December 7th and we're here to help you understand your options as well as select the plan that best suits your needs.

Wellcare is honored and excited to be the exclusive Medicare Advantage partner to The American Legion. Wellcare Medicare Advantage plans work alongside your VA coverage to give you more of the things you both want and deserve. More access. More benefits. More support. With clear answers to every question you may ask, and a willingness to help in any way we can. It's more of everything you need with no extra costs.

If you have Medicare and Medicaid, limited income, recently lost employer coverage, are turning 65 or you've just moved, you may be eligible for one of many qualifying events that allow you to enroll now.

For straight answers and help evaluating your coverage options, call 877-880-8196 (TTY: 711) 8 a.m.-8 p.m., 7 days a week, scan the QR code or click here.

Trust,

Coverage You Can Trust, Service You Deserve.

The #1 Rated Home Warranty in America!
Exclusive Discount for Legionnaire Members: Get \$225
OFF + 3 FREE Bonus Months!

Sign Up Today!



As an American Legion Member, here's what you'll receive:

\$225 OFF Per Year!

- Up to 7 FREE bonus months
- Up to / FREE bonus months
- FREE limited roof leak protection
- Fast, dependable repairs on covered systems and appliances
 24/7 claims support with real-time tracking in our mobile app
- ☑ Service rooted in integrity, built for peace of mind
 - 0-Day Money-Back Guarantee



DEPARTMENT OF MAINE THE AMERICAN LEGION

PAST COMMANDERS CLUB

It is with great pride and pleasure that we the membership of Post #_____submit the names of all our living Past Commanders for membership to the Past Commanders Club. Along with the names, we have enclosed the annual dues of \$5.00 per member with the understanding that this will continue to provide two (2) \$500.00 scholarships. The recipient must be the son/daughter, grandson/granddaughter of a member of The American Legion.

Membership in the Past Commanders Club goes from January 1 to December 31 of each year.

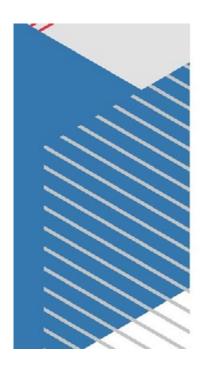
PLEASE PRINT OR TYPE	Post Adjutant	
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10	22	
11	23	
12	24	

Use back side if additional space is required.

SUBMIT TO:

The American Legion, Dept. of Maine 5 Verti Drive Winslow, Maine 04901-0727

MAKE CHECKS PAYABLE TO: PAST COMMANDERS CLUB





Post Service Officer Training

Presented by Department Service Officer- Carl Curtis

Department Service Officer Carl Curtis has announced four training dates for Post Service Officer training.

A Post Service Officer (PSO) is a very important volunteer position in your post. They are often the first Legionnaire your post members or dependents turn to for help with veteran benefit issues. The PSO's primary duty is to serve as a link between the veteran or dependent and an accredited Veteran Service Officers (VSO) in the Department of Maine.

Join us for training, free of charge, to learn more about the benefits afforded to veterans and dependents and to learn how to serve as valuable resources to veterans in your community.

Tuesday, 29 April

Saturday, 20 September

Tuesday, 28 October CANCELED

Saturday, 15 November

All training will be at the training center at Department Headquarters (5 Verti Drive, Winslow) with a 10 am start.

Email the Department Adjutant to reserve your seat: Jason@Mainelegion.org



American Legion Family USA 250 Challenge

The American Legion Family is honoring the nation's 250th birthday with a commitment to embracing physical activity, supporting mental health and serving its communities. The USA 250 Challenge encourages American Legion Family members, other veterans and all Americans to participate, and even raise additional money to support our disabled veterans and families in need through The American Legion Veterans & Children Foundation.

American Legion National Commander James LaCoursiere launched the USA 250 Challenge on July 3, 2025. The year-long initiative offers three categories — fitness, mental wellness and community service — in order to engage more American Legion Family members and others to participate.

Participants may engage in one, two or all three activities as an an individual or as part of a team like an American Legion post, American Legion Auxiliary unit, Sons of The American Legion squadron and/or an American Legion Riders chapter.

For a \$30 registration fee, participants will receive their choice of a USA 250 Challenge tech shirt. The proceeds will go to the Veterans and Children Foundation (VCF).

Click here to <u>REGISTER</u>

Since its inception in 1925 as the American Legion Endowment Fund, the foundation has assisted millions of veterans, their families and children in need. In 2019, the American Legion Endowment Fund began doing business as the American Legion Veterans & Children Foundation to more clearly state who benefits from tax-deductible donations to the separate non-profit 501c3 element of the nation's largest veterans organization.

The USA 250 Challenge - What Can I do? *

AMERICANISM

Promoting patriotism, civic education, and national pride

- Host a 250-minute patriotic concert
- Plant 250 flags around town
- Distribute 250 American flags to local homes
- Paint a community mural with 250 symbols
- Host 250 minutes of civic education
- Light 250 candles in a remembrance ceremony
- Display 250 historical photos
- Launch a 250-follower challenge on social media
- Have a 250-question trivia night
- Display 250 stars with names of fallen heroes
- Share 250 reasons to love America online
- Conduct a 250-minute POW/MIA vigil
- Post 250 American facts leading to July 4
- Host 250 flag-folding demonstrations
- Invite 250 youth for a flag retirement ceremony
- Decorate 250 gravestones for Memorial Day
- Visit 250 senior veterans
- Display 250 coins from history
- Play 250 seconds of taps each evening
- Host a 250-step honor march
- Display 250 state flags from history
- Present 250 flag etiquette cards
- Lead 250 youth in a unity pledge
- Conduct a 250-vote mock election
- Share 250 quotes from the Founders
- Post 250 patriotic memes
- Offer 250 military discounts

VETERANS AFFAIRS & REHABILITATION

Supporting veterans, caregivers, and their well-being

- Organize a 250-veteran parade
- Hold a 250-donor blood drive
- Collect 250 care packages for deployed troops
- Sponsor 250 free meals for veterans
- Collect 250 hygiene kits for homeless vets
- Offer 250-minute veteran oral history marathon
- Deliver 250 thank-you cards to veterans
- Create 250 buddy check calls
- Share 250 stories from NM veterans
- Deliver 250 thank-you gifts to first responders
- Gather 250 military patches for a display
- Showcase 250 photos of Legionnaires in action
- Host a 250-military unit reunion
- Offer 250 free rides to VA appointments
- Promote 250 veteran businesses
- Recognize 250 women veterans
- Display 250 dog tags to honor service
- Record 250-second veteran stories
- Fund 250 hours of therapy support
- Celebrate 250 birthdays of youth & vets

- Record 250 intergenerational interviews
- Gift 250 lap quilts
- Highlight 250 women in uniform

CHILDREN & YOUTH

Engaging youth and supporting families

- Host a 250-kid youth sports day
- Assemble 250 blessing bags for shelters
- Donate 250 books to a school or library
- Have 250 rocks painted by schoolkids
- Create a 250-penny drive for youth programs
- Host a patriotic coloring contest with 250 entries
- Run a 250-student essay contest
- Host a 250-youth scavenger hunt
- Print 250 coloring sheets
- Offer 250 youth flag pins
- Invite 250 youth to a flag retirement
- Run a 250-word essay contest
- Create 250 sidewalk chalk tributes
- Lead 250-second youth civics lessons
- Build 250 Lego flags
- Plant 250 sunflowers at schools
- Present 250 student flags
- Lead 250-step PE challenges
- Create 250 paper chains of patriotism
- Encourage 250 students to write to vets
- Host a 250-student Constitution Day
- Offer 250 student leadership awards
- Host a 250-point spelling bee
- Display 250 posters from students
- Build a 250-block community puzzle
- Launch a 250-mile classroom walkathon
- Share 250 student veteran tributes
- Craft 250 star pins
- Run a 250-youth citizenship workshop
- Invite 250 parents to Post open house
- Create 250 student art cards
- Sponsor 250 youth meals
- Host a 250-family carnival
- Sponsor 250 scouts
- Offer 250 music lessons or instruments
- Deliver 250 educational posters
- Organize a 250-item backpack drive
- Offer \$250 in school supplies per school
 Post 250 "Know Your Rights" cards
- Fund 250-mile trip for students
- Coordinate 250 volunteer youth hours
- Share 250 reasons to serve
- Host a 250-person youth talent show
- Donate 250 flags to classrooms
- Display 250 crayons for freedom wall
- Offer 250 student merit badges
- Build 250 classroom kits
- Invite 250 homeschoolers to Legion event

NATIONAL SECURITY

Readiness, response, and safety

- Host 250 minutes of service challenge
- Organize 250 hours of community service
- Deliver 250 thank-you gifts to first responders
- Conduct 250 hours of VSO outreach
- Host 250-minute open house tours
- Display 250 military rank insignias
- Promote 250 veteran businesses
- Send 250 cards to deployed NM troops
- Offer 250 free rides to VA appointments

Post and District-level celebrations, fundraisers, and membership drives

- Host a 250-person BBO
- Perform 250 random acts of kindness
- Serve 250 hot dogs at a picnic
- Display 250 Legion memories on a wall
- Create a 250-member goal
- Print 250 custom 250th t-shirts
- Give away 250 souvenir cups
- Host a 250-slice pie bake-off
- Sell 250 raffle tickets
- Host 250 minutes of karaoke
- Create a 250-themed bingo night
- Decorate with 250 red, white & blue balloons
- Make a 250-bead necklace craft night
- Host a 250-follower photo contest
- Create a 250-brick fundraiser for a memorial
- Install a 250-light display
- Display 250 flags along your building
- Organize a 250-minute dance
- Make a 250-word patriotic poem board
- Host a 250-minute movie marathon
- Give away 250 bracelets
- Have a 250-point trivia game
- Prepare 250 cupcakes
- Post 250 names of members on a wall
- Launch a 250-follower campaign
- Decorate with 250 streamers
- Host a 250-guest open house
- Display 250 Legion patches
- Create a 250-names legacy wall
- Host 250-minute dominoes tournament
- Serve 250 servings of chili or stew
- Sell 250 commemorative coins
- Paint a mural with 250 brush strokes per student
- Host a 250-dollar silent auction
- Award 250 service pins
- Collect 250 old Post newsletters
- Share 250 veteran quotes
- Decorate your post with 250 stars
- Set a goal for 250 volunteer hours

Preserving heritage and promoting The American Legion legacy

- Fundraise \$250
- Plan a 250-mile motorcycle tour
- Conduct 250-mile Freedom Ride
- Host a District 250 Night of Honor
- Send 250 letters to schools
- Print 250 commemorative calendars
- Compile 250 Legion essays in a booklet
- Print 250 memory books
- Host a 250-minute podcast
- Record 250 family military legacies
- Launch a 250-second history shorts
- Share 250-second videos from Posts
- Host a 250-light tribute event
- Create a Department of Maine 250 Honor Roll
- Sell 250 branded lapel pins
- Offer 250 legacy bricks
- Display 250 family service photos
- Make a 250-honor coin display
- Launch a "250 Strong" Legion campaign
- Partner for 250 business flags
- Hang 250 ribbons of remembrance
- Collect 250 letters from alumni
- Add 250 names to a memorial plaque
- Print 250 posters for statewide use
- Launch a 250 seconds of unity challenge
- Send 250 email tributes
- Issue 250th anniversary medals
- Design 250-badge scout patch
- Compile 250 Post newsletters
- Host a 250-mile American history tour
- Make a 250-Year Timeline Wall
- Conduct 250-minute strategic planning
- Distribute 250 "How to Join" kits
- Give out 250 "I Served" stickers
- Celebrate 250 Legion birthdays
- Hold a 250-minute livestream
- Send 250 thank-you texts to volunteers
- Create 250-minute legacy video
- Sponsor 250 wreaths for holidays
- Design 250 patches for riders
- Mail 250 invitations to alumni

*Ideas compiled by Department of New Mexico and

National American Legion



Waterville Veterans Day Parade & Ceremony November 11, 2025 - 11:00 a.m.

All veterans and community members are invited to participate.

Lineup begins at 10:00 a.m. at *The Head of Falls*, Waterville, ME.

Parade Route: Front St to Appleton St to Main St to Castonguay Square

Free lunch at Winslow VFW for Veterans & Guest

MERRY CHRISTMAS & HAPPY HANUKKAH!



Suggested Items

- Shampoo
- Combs
- Body Wash
- · Soap
- Deodorant
- Shaving Cream
 Pens/Pencils
- Razors
- Puzzle Books

- Toothpaste
- Toothbrushes
- Lotion
- Note Pads
- Socks
- Playing Cards



5th Annual Christmas Stockings & Hanukkah Dreidels for Veterans

American Legion Post #126 Vassalboro needs your help to fill 250 Christmas Stockings and Hanukkah Dreidels for Veterans at Togus.

You can thank a veteran by donating personal care products to go in the Christmas Stockings.

Items can be dropped off at 860 Main St. Vassalboro and Connected Credit Union at 12 Monument St. Winslow by Friday, December 5, 2025.

For more info contact:

Tom Richards, Commander or Jim Kilbride, Adjutant PO Box 112 North Vassalboro, ME 04962 207-616-3148 Meets 4th Monday of the Month: 5:00 pm at St. Bridget Center