



The American Legion, Department of Maine
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Volume 2 Issue 20

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THE LEADERSHIP LEDGER

THE LEADERSHIP LEDGER
TECHNOLOGY INFORMATION SUPPORT
NEWS LAWS
REPORTS TRAINING
TEAMWORK RESULTS
EVENTS SUCCESS DELEGATING
IMPROVEMENT COACHING

Welcome to the 51st Edition of The Leadership Ledger. It includes Post, Department and National reports, leadership training events, upcoming conferences/conventions as well as rules and regulations pertaining to local, state and national laws. The Ledger is available by visiting the Department's website at www.mainelegion.org under "News & Events" or on the home page. If you have any information to be published in The Leadership Ledger, please forward to Department HQ via email at: legionme@mainelegion.org.

DISTRICT MEETINGS

Be Connected – Be Heard – Be Informed

District 2 – Cumberland: Oct. 10
So. Portland Post 35, 2PM

District 3 – Androscoggin: Oct. 10
Auburn Post 31, 2PM

District 15 – Washington: Oct. 10
Lubec Post 65, 2PM

District 12 – Hancock: Oct. 12
Location TBD Dinner at 6:30PM, Meeting at 7:30PM

District 9 – Kennebec: Oct. 13
Winthrop Post 40, 7PM

District 5 – Oxford: Oct. 19
Buckfield Post 58, 7PM, Pumpkin Pie after.

District 6 – Knox: Oct. 23
Camden Post 30, 9AM

District 14 – Piscataquis: Oct. 23
Milo Post 41, 12PM Lunch w/Business Mtg. at 1PM

Note: If you haven't submitted your district meetings for 21-22, please do so as soon as possible!

NATIONAL COMMANDERS CAMPAIGN

To Our Fellow Legionnaires:

As you may be aware, each year we request donations to be given to the leading candidate for the position of National Commander of The American Legion. The individuals do a lot of traveling and have expenses which they may need assistance in covering.

We are asking you to consider donating to this great cause so that the Department of Maine can support the leading candidate, Vincent James Troiola in their quest for election to the high position of National Commander.

Each department donates to this cause and we are not the only one to do so. The many departments also supported our own Tony Jordan when he was campaigning for National Commander and it is only right that we, the Department of Maine, do so also.

Your donations will be greatly appreciated. Please send them to the Department of Maine Headquarters at 5 Verti Drive, Winslow, ME 04901 and earmark in the "Memo" position of your check or money order "National Commander Donation."

The donations will be given to the lead candidate, Mr. Troiola, at the soonest possible time.

Thank you and let's make this one a great one!

Lloyd Woods
National Executive

Anthony G. "Tony" Jordan
Past National Command

PUFL Update

Attention!

Post Adjutants/Commanders

If you recently received a **Paid Up For Life (PUFL)** check and would like to know who the members are, please contact **Headquarters at 873-3229**.

**WWII POW/MIA VETERAN
U.S. ARMY AIR FORCE 2ND
LT. ERNEST N. VIENNEAU**

On Saturday October 9th at 10:30am, at St. Martin's Catholic Church, 19 Colby St., in Millinocket the Nation and Maine will lay to rest a WWII POW/MIA Veteran U.S. Army Air Force 2nd Lt. Ernest N. Vienneau that has been lost to all since 1944.

Lt. Vienneau was a co-pilot attached to the 340th Bombardment Squadron, 97 Bombardment Group, 15th Air Force, stationed in Amendola, Italy. The B-17 Flying Fortress Bomber was on a mission over Maribor, Yugoslavia when it was hit by fire. Lt. Vienneau was killed instantly by shrapnel. The pilot was forced to down the plane off the coast of Vis Island, Croatia. All ten of the members of the crew survived this day. Lt. Vienneau's body was never recovered.

April 16, 2021, Lt Vienneau's remains were recovered. He will be buried with Full Military Honors with a flyover on October 9th. The American Legion Riders will escort Lt. Ernest Vienneau to his final resting place in Millinocket. American Legion Riders are asked to meet at American Legion Post 80 in Millinocket and then will go to the funeral home together for 9:45am. The funeral will be at St. Martin's Catholic Church at 10:30am.

American Legion Post 80 will hold a luncheon at the post following the burial.

"This will be an honor that we may never see again in our lifetime, to welcome home a POW/MIA" said Rick Cyr Jr. ALR Chapter 80 Director.

If you would like to read more about the story of Lt. Vienneau follow the link below.

Lt. Vienneau and his family sacrifice will be remembered by all.

<https://wgme.com/news/local/remains-of-maine-pilot-killed-during-world-war-ii-recovered-off-coast-of-croatia>



2nd Lt. Ernest N. Vienneau

NEW MYLEGION.ORG

INSTRUCTIONS/INFORMATION FOR MEMBERSHIP PROCESSING, GROUP PERMISSIONS & MORE!

Now that the myLegion site is live, all accounts are now MEMBER accounts. This includes Legion and SAL members. The first requirement to access post and squadron data is to create a myLegion member account using the email address on your membership record. The new myLegion Home page will look like the image above. It provides links to your subscriptions, discounts, and resources. MY ACCOUNT provides more information about your own membership. To learn more, please click on the image or title above for information and instructions or the Video Presentation / PowerPoint links below.

[Video Presentation](#) / [PowerPoint](#) / [Q&A](#)

MAINE LEGION COLLEGE CLASS FOR 2021

CANCELLED

Maine Legion College Classes for the 2021 year have been cancelled. For more information contact American Legion State Headquarters at 207.873-3229.

HONOR FLIGHT MAINE FLIGHT TRIPS - October

CANCELLED



For more information [CLICK HERE](#) or visit:
<https://www.legion.org/benefits>

MEMBERSHIP IMPACT REPORTS

The American Legion's success depends entirely on active membership, participation and volunteerism. The following monthly reports located on <https://www.legion.org/membership/impact> provide a summary of membership, participation and volunteerism making an impact in the lives of veterans, families and communities. American Legion Posts can share the many ways Legionnaires are making a difference in their communities by [submitting consolidated post reports online](#). To visit the impact American Legion posts made throughout the year, visit:

<https://www.legion.org/bythenumbers> or
<https://www.legion.org/membership/impact>

WOMEN VETERANS LUNCHEONS/EVENTS

If your Post is considering sponsoring a Women Veterans Appreciation Luncheon or Event, please contact American Legion Headquarters, Department of Maine at 207-873-3229 for the link to the Guidelines for these events. Thank you.



TOMB OF THE UNKNOWN SOLDIER WAS GUARDED BY AN ALL-WOMAN TEAM FOR THE FIRST TIME EVER!

The Tomb of the Unknown Soldier was recently guarded by an all-woman team of three sentinels for the first time in history. "History was made" at Arlington National Cemetery, said Col. Patrick Roddy, commander of the [3rd U.S. Infantry Regiment](#) (Old Guard), the Army's official ceremonial unit and escort to the president, in a post on Twitter. "For the first time in the 84-year vigil, on the 30,770th day of the continuous guard, an all-woman changing of the guard occurred under the direction of the 38th Sergeant of the Guard, SFC Porterfield."

Click [HERE](#) to read more about this or go to: [Tomb of the Unknown Soldier guarded by all-women team for first time \(taskandpurpose.com\)](#)

~ [PAUL SZOLDRA](#), Task & Purpose

Congratulations

to the following winners of the
Fall Sweepstakes Raffle
drawn on September 25th at
Westbrook Post 62!!

Winners

Grand Prize - \$1,500	2nd Place - \$500
Michael D. Collins	Pam M. Speed
Greenville Post 94	Sanford Unit 19
3rd Place - \$300	4th Place - \$200
Michael W. Cook	Dian Bourgoin
Oakland Post 51	Winthrop Unit 40

"How important it is for us to recognize and celebrate our heroes and she-roes!"

~ Maya Angelou

"Nearly all men can stand adversity,
but if you want to test a man's character,
give him power."

~ Abraham Lincoln



2021 HOMELESS VETERANS' MOBILE STAND DOWN

- ☆ Medical Checkups
- ☆ Connection to Services
- ☆ Non-Perishable Food
- ☆ Winter Gear



Please help us spread the word about our upcoming Homeless Veterans' Mobile Stand Downs. We are trying to reach homeless Veterans and Veterans who are at risk of becoming homeless.

Veterans in need of assistance are encouraged to attend and will receive cold weather supplies, non-perishable food items, medical checkups, connection to resources, and care packages

For more information or to reserve a time slot call:

207-430-6035 or email
trisha.canning@maine.gov.

Reservations not required but having one will speed you through the stations.

3 Clinic Dates to Choose From:

Caribou VA Clinic (CBOC)
163 Van Buren Rd.
[October 5, 2021](#)
10am - 2pm

Bangor VA Center (CBOC)
35 State Hospital St.
[October 12, 2021](#)
10am - 2pm

Lewiston VA Clinic (CBOC)
15 Challenger Dr.
[October 19, 2021](#)
10am - 2pm

Sponsored by: VA Maine Healthcare System, VA Maine Homeless Veterans Program, Veterans Benefits Administration, Lewiston Vet Center, Maine Bureau of Veterans' Services, VFW, Operation Brotherhood, Elks Lodge, Northern Maine Vet Center, Bangor Vet Center, Maine Veterans in Need, Lewiston CareerCenter, Easterseals Maine, Veterans' Inc, Volunteers of America, and Preble Street.

The Maine Legionnaire

~ **Printing Delay!** ~

The August issue of The Maine Legionnaire has been delayed and will be printed in November due to various reasons including, but not limited to; mylegion.org, staffing issues and an overabundance of photos and articles.



The American Legion, Department of Maine High School Oratorical Scholarship Program

**Thomas College
180 West River Rd.
Waterville, Maine 04901**

February 12, 2022 at 9:00 a.m.

(Snow date: February 19, 2022)

The American Legion, Department of Maine High School Oratorical Scholarship Contest will once again be held at Thomas College in Waterville on February 12, 2022 at 9:00 a.m. Snow Date: February 19, 2022 at 9:00 a.m.

The main purpose of The American Legion Oratorical Contest "A Constitutional Speech Contest" is to develop a deeper knowledge and appreciation for the U.S. Constitution among high school students. Other objectives of the contest include the development of leadership qualities, the ability to think and speak clearly and intelligently, and the preparation for acceptance of the duties, responsibilities, the rights and privileges of American citizenship.

Young orators will have the opportunity to earn some of the most generous scholarships. At the Post and District level, scholarships offered range from \$50 - \$100, and at the State level \$50 - \$1500. At the National level, each department (state) winner who is certified and participates in the National Oratorical Contest's 1st round receives \$2,000 scholarship. Each first round winner who advances to and participates in the second round, but does not advance to the final round, will receive an additional \$2,000 scholarship to pursue education beyond high school. The overall national contest winner gets an \$25,000 scholarship. Second place takes home \$22,500, and third gets \$20,000. The members of the Oratorical Committee will be working with both Area and District Commanders to prepare Posts and Districts for their local contests. We hope to have all Post contests completed by Mid-December 2021 and all District contests completed by the end of January 2022.

The 2022 **National Finals is April 22-24** in Indianapolis, at the Wyndham Indianapolis West. Quarterfinal and semifinal contests are scheduled for Saturday, April 23, with the finals scheduled for Sunday, April 24. **Certification of Department winners is due to National by March 14, 2022.**

For additional questions and/or information pertaining to the Oratorical Contest in Maine, please contact Oratorical Co-Chairman Dale Midgley at 207-590-3532 | e-mail: midgleyd@earthlink.net or

Oratorical Co-Chairman Maureen Malley at maureenmalley.66@gmail.com. More information can be obtained by visiting www.mainelegion.org, your local American Legion Post, or The American Legion, Department of Maine Headquarters at 207-873-3229. Please check out the State and Local Oratorical Contests by visiting National's website at www.legion.org/oratorical.

LETTER FROM THE ORATORICAL CO-CHAIRMAN DALE MIDGLEY

If you have never attended the High School Oratorical Finals, you are missing the opportunity to see some of the very Brightest and Talented High School Students in the State of Maine!

Did you know that: The Original proposed Bill of Rights contained 12 Rights not 10?

Did you know that: James Madison, author of the Bill of Rights, used the Magna Carta (1215),

English Bill of Rights (1689) and the Virginia Declaration of Rights (1776) in writing the proposed amendments to the Constitution.

Did you know that: The Constitution was finally ratified by all 14 States in January 1791, the last being Vermont.

Did you know that: A proposed Bill of Rights Amendment submitted in 1789 was not officially ratified until 1992 and became the 26th Amendment?

I didn't know any of these things, plus a whole lot more, until I attended our Post Oratorical Contest, the District Oratorical Contest and the State Oratorical Contest.

The students who research and present their Prepared Speech and Assigned Topics will amaze you by how much time and effort they have spent rehearsing and polishing their presentations.

I hope to see you at the Oratorical Finals, for I am sure, I will learn even more about the U.S. Constitution and the Bill of Rights again this year at the Post, District and State Finals.

For More Information [Click Here](#)

or go to

www.mainelegion.org/pages/programs/oratorical.php

For the Oratorical Committee,

Dale Midgley

**Department of Maine HS Oratorical
Scholarship Application**
**Department of Maine
Oratorical Brochure**
2022 Oratorical Rules Brochure
**Oratorical Promotional
Brochure - National**

MILITARY TRIVIA:

Q: Why are there aluminum chairs on board US Naval vessels?



VETERAN'S EMERGENCY FINANCIAL ASSISTANCE PROGRAM (VEFAP)

Do you know of a veteran in your community in need of assistance? Someone who during these challenging times just needs a little help to keep them going? Maybe a veteran that is homeless? Or worst of all, a homeless veteran with children? If so, we want to remind you that The American Legion, Department of Maine can assist you to help these veterans during their difficult and troubling times.

Call us at 207-873-3229 Ext. 3 or visit our website:

<http://www.mainelegion.org/pages/resources/va-resources.php>

We will contact you as soon as possible and we hope to enable you to help veterans in need.

SPECIAL DISCOUNTS & PERKS FOR VETERANS

Free National Park Passes

VA pension benefits | 10% off at Outback

Veterans get free entrance to national parks, refuges and other public lands

Veterans, Gold Star Families, current Military and their dependents have free access to approximately 2,000 public locations spread out across more than 400 million acres of public lands, which host activities to fit any lifestyle, from serene to high octane, including hiking, fishing, paddling, biking, hunting, stargazing, camping and much more.

For more perks [Click Here](#) or go to:

[Veteran discounts available year round - VAntage Point](#)

Enhanced pension benefits help eligible wartime Veterans, surviving spouses increase income

If you are a wartime Veteran who meets certain requirements, or you are a surviving spouse, then you may be eligible for VA's pension benefits. [VA's Aid and Attendance and Housebound benefits](#), or enhanced pension, can boost your pension payments. If you need help with daily activities, or if you are housebound, you may qualify for an increased monthly pension.

amazon smile

SHOP "AMAZONSMILE" & GIVE WHILE YOU SHOP!

Support the American Legion Department of Maine Foundation when you shop on AmazonSmile. It's the same as shopping on Amazon with the extra bonus that Amazon will donate a portion of the price of eligible purchases.

How to shop AmazonSmile:

1. Go to <http://smile.amazon.com> and sign in with your Amazon.com credentials. If you already have an Amazon account, there is no need to create another one.
2. In the search box, type American Legion Department of Maine Foundation and start shopping. Amazon will donate 0.5% of the price of your eligible purchases to the American Legion Department of Maine Foundation.
3. Add a bookmark for smile.amazon.com. You must log in through the AmazonSmile portal each time you shop in order for our Foundation to receive the donation, so remember to add a bookmark to make it easier to return and start shopping on AmazonSmile.

The funds go directly to the "American Legion Department of Maine Foundation to help Maine Veterans in need and support Legion programs in Maine!"

Please help us get the word out to your friends and family!

Shop "AmazonSmile" and make a difference Today!



IRVING
Irving Oil Savings



For more information [CLICK HERE](#) or go to:
www.legion.org/benefits



LEGIONNAIRE INSURANCE TRUST

WHAT'S MAILING
THIS MONTH?



We are mailing ID Resolve on October 27th.

**24-Hour
IDENTITY THEFT
RESOLUTION**



RESOLVE

HELPS PROTECT YOUR:

- MONEY • TIME
- FINANCIAL REPUTATION

QUICK REMINDER ABOUT ID RESOLVE:

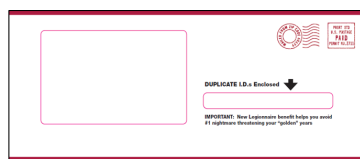
Protects your financial reputation with 24/7/365 identity theft resolution services.

Eliminates the frustration and worries that come with being the victim of identity theft. ID Resolve helps get your money back, repair your credit, and clean up the mess left behind.

Our U.S.-based team of resolution specialists knows who to call and which steps to take first when you fall victim to identity theft.

Product may not be available in all states and may not mail all your members. If you want a more detailed description of this product, visit www.TheLIT.com/IDResolve.

Here's what it will
look like to most
people who receive it.



How are you doing? The opportunity to talk over personal challenges in a free, confidential, and non-judgmental setting is now available for anyone who served for any length of time.

A veteran who is a trained Peer Support Specialist is now available for a Monday group from 4p-5p at the Lakes Region Recovery Center in Bridgton. 207-803 8707.

SCAM ALERT!

If you receive this notice from "US Domain Authority", toss it in the trash!

This notice can easily be mistaken as a bill to renew your domain registration. In reality, as "US Domain Authority" makes clear on a second page, they're not domain registrars at all. Instead, they're a directory service, sort of like 20th Century phone books were directories for phone numbers. All you get for your \$289.00 is your domain name added to their directory. The disclaimer indicates on the back page, that "This is not a bill. This is a solicitation. You are under no obligation to pay the amount stated above unless you accept this offer."



SPECIAL DISCOUNTS & PERKS FOR VETERANS

Free National Park Passes

[VA pension benefits](#) | [10% off at Outback](#)

[Veterans get free entrance to national parks, refuges and other public lands](#)

Veterans, Gold Star Families, current Military and their dependents have free access to approximately 2,000 public locations spread out across more than 400 million acres of public lands, which host activities to fit any lifestyle, from serene to high octane, including hiking, fishing, paddling, biking, hunting, stargazing, camping and much more.

For more perks [Click Here](#) or go to:

[Veteran discounts available year round - VAntage Point](#)

Enhanced pension benefits help eligible wartime Veterans, surviving spouses increase income

If you are a wartime Veteran who meets certain requirements, or you are a surviving spouse, then you may be eligible for VA's pension benefits. [VA's Aid and Attendance and Housebound benefits](#), or enhanced pension, can boost your pension payments. If you need help with daily activities, or if you are housebound, you may qualify for an increased monthly pension.

USAA is proud to be the Preferred Provider of Insurance and Financial Services to The American Legion. Please visit usaa.com/legion or call: [1-877-699-2654](tel:1-877-699-2654).



MILITARY TRIVIA:

A. In 1942 the Japanese attacked the [USS Vicennes](#), but the original shell damage igniting the onboard aircraft, was not fatal to the ship. However, the resulting fire grew out of control by burning so many flammable items, which had been either built into the ship or brought on board, that it caused it to lose power & became a target for the 2 torpedoes that sank her with the loss of 300+ lives. Two years later, [Wilton Dinges](#), with help from Alcoa, had designed a 7 lb. aluminum chair, for which he won a Naval contract by throwing it out an 8 story Chicago building to prove it's durability & the "10-06" was born, but in today's price at \$595/chair....just a bit expensive.



COMPUTER 101

Computer 101 is a resource which aims to help those who wish to learn basic skills with the powerful technology of today's world. Increased proficiency with computers and the Internet has positive outcome across all fronts, both personally and professionally.

The History of the Computer Mouse

The mouse was invented by Douglas Engelbart in 1964 and consisted of a wooden shell, circuit board and two metal wheels that came into contact with the surface it was being used on.

It was eight years later in 1972 that Bill English developed the design further by inventing what is known as the "Ball Mouse" that we know today. The ball replaced the wheels and was capable of monitoring movement in any direction. The ball came into contact with two rollers that in turn spun wheels with graduations on them that could be turned into electrical pulses representing direction and speed.

At the time Bill English was working for Xerox Parc (Palo Alto Research Centre) the research and development centre set-up by Xerox to 'design the future of computing'. The mouse became part of the ground breaking Xerox Alto computer system which was the first minicomputer system to offer a graphical user interface.

It would be another 8 years before the mouse would be developed any further. An optical mouse was developed in around 1980, eliminating the ball which often became dirty from rolling round the desktop, negatively affecting its operation. However, they were far too expensive to be used widely. In fact it wasn't until around 1998 with the increase in microcontroller processing power and the reduction in component costs that optical mice became a commercially viable alternative to the ball mouse and infiltrated the mass consumer market.

Today the optical mouse has completely replaced the ball mouse being supplied as standard with all new computers.

To read more: [Mouse \(computing\)](#)

~ [Computer Mice, Wordpress.com](#)



HOW TO LISTEN TO THE AMERICAN LEGION'S TANGO ALPHA LIMA PODCAST



Tango Alpha Lima, [The American Legion's podcast](https://www.legion.org/tangoalphalima), appears each week by 9 a.m. Tuesdays. Join co-hosts Mark Seavey, Jeff Daly and Ashley Gorbulja-Maldonado as they chat about current stories of interest to the military community and welcome special guests with remarkable stories to share. The web address is: <https://www.legion.org/tangoalphalima>

All podcasts are available in audio format, as well as a YouTube version, and [can be found here](#). Even better, you can subscribe for free to the Tango Alpha Lima podcast so that you never miss an episode. Here's how:

- **Download podcasts on your iPhone app:** If you don't already have the Podcast app on your phone, first go to the App Store on your iPhone, browse to the Podcasts app and tap the "Free" button to install.
- Once the Podcast app is on your phone, open it and search for Tango Alpha Lima. Tap the logo and then hit the "Subscribe" button. When the download is complete, the most recent episode appears in the "My Podcasts" section of the Podcasts app. Tap the title to listen to it. You can also click on "See All Episodes" to download and listen to earlier episodes.
- **Download podcasts using iTunes:** Another option is to download podcasts in the iTunes app on your computer and sync them to your iPhone. Open the iTunes store on your computer, browse to the podcast you want to download and click the "Free" button to download it. Click "Subscribe" to subscribe to the podcast and automatically download all future episodes.
- **Download podcasts on an Android device:** First, choose a Podcast app you want to use and download it from an Android App Store. Once downloaded, open the app and use search to locate "Tango Alpha Lima." From there you can subscribe to it and new episodes will be delivered automatically.
- **Use Spotify:** You can access Spotify via a cell-phone or computer. Once you download the app or access the website, you can search for "Tango Alpha Lima" or just [use this link](#) to listen, download and/or subscribe to Tango Alpha Lima.

Another option is to watch the podcast video. All of the Tango Alpha Lima podcasts are available in video format. Watch and listen to each episode on The American Legion's [YouTube playlist for Tango Alpha Lima](#).

~ The American Legion, FEB 17, 2021



[New Space Force Uniforms](#) [Vaccines and Veterans Suicide](#)

488TH DEPLOYED TO SOUTHERN BOARDER. GUARDIAN RIDE

Portland Governor Janet Mills and Commissioner of the Maine Department of Defense, Veterans and Emergency Management Major General Douglas Farnham today thanked the 488th Military Police Company for their service and wished them a safe deployment to the Southwest border.

The unit's approximately 120 service members, who are deploying under federal Title 10 mobilization orders, departed Maine today to provide support to U.S. Customs and Border Protection (CBP). The Governor and Adjutant General saw them off at the Portland International Jetport.

"Throughout our history, dedicated members of Maine's armed services have answered the call of duty, deploying to places near and far to serve our state and nation," said Governor Mills. "On behalf of Maine people, I offer our thanks to the 488th for again stepping up to serve. We wish you a safe deployment and look forward to welcoming you home."

Members of the 488th were on standby near the Maine State House at the time of the Inauguration in January and also provided protection to the U.S. Capitol for several weeks after the inaugural events. Now tasked with their third mission in 2021, which will last one year, the 488th will be primarily monitoring mobile and remote video surveillance camera systems to provide real-time situational awareness to CBP agents.

This is a federal Title 10 unit mobilization under the direction of the U.S. Department of Defense. The 262nd Engineer Company has been conducting a similar mission on the Southwest border since this time last year. That mission will conclude this fall.

"From regular operations and COVID response here in Maine, to domestic support in Washington, to overseas support in Africa, and now a continuation of the Southwest border mission, our Soldiers and Airmen are always willing to serve," said Maj. Gen. Farnham. "We are proud of the National Guard's ability to respond to varying missions, which would not be possible without the support of family members, friends, and the flexibility of employers across the State of Maine."



News & Announcements

1. Community: Local VA in-network retail pharmacies or urgent care locations.

Step 1: Check Eligibility	Step 2: Find a Provider	Step 3: Go to Provider	Step 4: Get Vaccine
<ul style="list-style-type: none"> Call 800-MyVA411 (800-698-2411) <ul style="list-style-type: none"> Select option 1, then option 3, and then option 1 again -or- Contact local VA medical facility. 	<ul style="list-style-type: none"> Go to www.VA.gov/find-locations <ul style="list-style-type: none"> Enter city, state or postal code Under Facility type, select: <ul style="list-style-type: none"> "Urgent care" OR "Community pharmacies (in VA's network)" If you select "Urgent Care", choose "In-network community urgent care". Click Search and select provider -or- Call (877) 881-7618 or your local VA medical facility for help locating an in-network provider. 	<ul style="list-style-type: none"> Call ahead to make sure they offer the flu vaccine. Print Billing Information Card to take with you or have viewable on mobile device. <p>When you arrive:</p> <ul style="list-style-type: none"> Tell them you're a Veteran enrolled in VA health care -and- You would like to get a flu shot, paid for by VA. Show your government-issued ID and Billing Information Card. 	Get flu vaccine.

2. VA Drive-Up Flu Events: Drive-Up Flu Clinics

Lewiston	Oct 8th	0900-1300
Togus	Oct 9th & 16th	0730-1430
Bangor	Oct 9th	0900-1300
Lincoln	Oct 12th	0900-1400
Calais	Oct 15th	0900-1400

3. Flu shots during a Veterans scheduled face-2-face appointment.

Sadly, we cannot accommodate Walk-in appointments at this time.

4. COVID-19 Vaccine Boosters will be available at select locations for all that are eligible.

- Persons eligible for COVID-19 vaccine boosters are all Veterans, enrolled in VA health care or not, their spouses and caregivers who:
- Are ages 65 and older and received a Pfizer-BioNTech COVID-19 primary vaccine series at least six months ago OR
- Have moderate to severe immune compromise, [as defined by the Centers for Disease Control and Prevention \(CDC\)](#), and received either Pfizer-BioNTech or Moderna COVID-19 vaccines.

Updates: FLU HOTLINE: 207-626-4744 or 1-877-421-8263 x-4744