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Annual Mid-Winter Conference 2023



Guest Speaker
Dr. Ruth Moore
US Navy Veteran

Dr. Moore is a veteran of the US Navy and over a period of three decades after her discharge, she transitioned from being identified as a “disabled veteran” to becoming a doctor of Mind-Body Medicine. As she was completing her Dissertation, she also earned a prestigious postgraduate certificate in Integrative Medicine.

Professionally, Dr. Moore is a Fellow with the Complementary Medical Association, a member of the Psychoneuroimmunology Research Society, and a member / presenter with both the Alliance of International Aromatherapists and the American Holistic Health Association. In the last decade of her advocacy work, Dr. Moore was Awarded the Voice for Change Award at the Truth and Justice Summit in Washington, DC and she was featured in the documentary ‘Make the Connection; Veteran Recovery and Empowerment.’ Her work has led to the formation of the Ruth Moore Act, the creation of a provision in the 2016 National Defense Authorization Act, changes in Title 38 of the Federal Registry, and both direct and indirect services to over 1.2 million veterans, who have received over 6 million in back benefits and 7.8 billion dollars in future healthcare services. She has also been a featured guest expert on Al Jazeera, MSNBC, and the television show ‘Inside Edition.’

Dr. Moore has spoken at the University of North Carolina, the SheWINS International Summit, presented at the Washington, D.C.’s Mayor’s office on Veteran’s Affairs, worked as a national consultant for the VA under Secretary Robert McDonald, and has spoken as an expert on the subjects of Functional Medicine / Neuroscience and Integrative Medicine. In addition to these many notable appearances and speaking engagements, she also serves as the Medical Advisor to AVOW Magazine and briefly consulted with 5Strands Affordable Testing as their Chief Medical Officer, while they reorganized their brand.